Use this form to communicate with families. Invite them to complete the top portion in the morning. Add notes about the child throughout the day and send the form home with the family when they leave. Whenever possible, use families’ home language when communicating. Additionally, some families may prefer online communication.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| **Notes From Family:** | |
| □ I ate this morning. I had:  □ I have not eaten yet. | Special information for today: |
| Last night I slept □ Well □ OK □ Not well.  I woke up this morning at \_\_\_\_\_. | □ I napped this morning from \_\_\_\_\_ to \_\_\_\_\_.  □ I have not napped this morning. |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Notes To Family:** | | | | | | |
| SLEEP  Today I napped… | | DIAPERS/TOILETING | | EAT  Today I ate… | | GENERAL NOTES  Information, things I need, etc. |
| From | To | Today I… | At | Amount/Type | At |  |
|  |  |  |  |  |  |
| Nap notes: | |  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| FEEL  Overall, I seemed to feel… | | PLAY  Today I… | | | | |
|  | |  | | | | |